

Hoss's Nutritional Information - Sides



Item Name	Serving Size	Calories	Total Fat (g)	Sodium (mg)	Carbs (g)	Dietary Fiber (g)	Protein (g)
Sides							
Baked Potato	1 med	161	0	17	37	4	4
Baked Potato - Loaded	1 med	480	22	530	58	6	17
Baked Sweet Potato	1 jumbo	255	0	102	58	10	6
Baked Sweet Potato - Loaded	1 jumbo	370	11	200	66	8	5
French Fries	4.5 oz	225	7.5	690	36	3	3
French Fries - Loaded	5.5 oz	310	16	830	34	3	7
Mashed Potatoes	1/2cup	160	8	490	20	2	3
Onion Rings	6 pcs	280	2	350	29	1	3
Rice Pilaf	1/3 cup	190	1	890	42	1	4
Sauteed Mushrooms	4 oz	420	45	430	2	<1	2
Smiley Fries	3 oz	160	6	390	24	2	2
Steamed Broccoli	1 cup	31	0	30	6	2	3
Sugar Snap Peas	1 portion	37.5	0.4	0	5.6	4.3	3
Sweet Butter Corn	5 oz.	320	26	480	22	3	3

Hoss's has made an effort to provide complete and current nutritional information, but changes in recipes and suppliers of our menu items mean that variations from these values can occur from time to time. Therefore, the values shown here should be considered approximations. In addition, guests who have food allergies or dietary needs should not rely solely on this information as a basis for deciding whether to consume a particular menu item.

*We cook Using Trans Fat Free Oil!